

# PROVIDER PROFILE

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## John P. Opilka, DO

Adult Primary Care, Balance and Fall Risk Assessment, Family Medicine, Family Practice, Weight Management

**LANGUAGES:** English

### PRIMARY LOCATION

#### **SBL Altamont Medical Center vcard**

5 East Cumberland Rd.  
Altamont, IL ph: 618-483-6151  
fx: 618-483-6153

#### **Office Hours:**

Hours

7 am to Noon & 1 to 5 pm – Monday through Friday  
Same day appointments available

### **BOARD CERTIFICATION**

American Osteopathic Board of Family Medicine

### **CERTIFICATION**

- Medical Director: Lutheran Care Center, Altamont, IL -  
Aperion Care, St. Elmo, IL - Evergreen Nursing Home,  
Effingham, IL

### **CERTIFICATION**

- Certified in Balance & Fall Risk Assessment

### **CERTIFICATION**

- Illinois State Medical Society

### **EDUCATION & TRAINING**

- Family Practice Residency, Carle Foundation Hospital,  
Urbana, IL

### **EDUCATION & TRAINING**

- Bachelor of Arts - Biology, University of Illinois, Urbana, IL

### **EDUCATION & TRAINING**

- Doctor of Osteopathy, D.O. - Des Moines University of  
Osteopathic Medicine & Health Sciences, Des Moines, IA

### **EDUCATION & TRAINING**

- Master of Arts - Biology, University of Illinois, Urbana, IL

### **HEALTH PLANS**

<https://www.sarahbush.org/billinginformation/>